

University of Chester Diversity Festival 2019 4th March 2019 – 14th March 2019

"Reach for the Stars"

Across Various University of Chester Campuses and Locations

These events will give you a unique opportunity to learn and experience different cultures and perspectives. The theme commemorates 50 years from the first moon landing and aims to encourage attendees to consider setting aims and targets for equality improvements, aiming high and reaching your potential.

All Diversity Festival events are open to all members of the public, all staff and all students, unless otherwise specified.

All events are free but booking is essential. Additional events will be added and advertised.

To book a place on any of the events, please click on the Eventbrite link next to the relevant event.

Questions, comments or suggestions? Email equality@chester.ac.uk







Date	Time	Venue	Event Details	Booking Information
Monday 4 th March	12.30pm – 1.30pm	Binks 011 (Parkgate Road)	 Diversity Festival 2019 Launch: Reach for the Stars with Juliette Burton About the event: Juliette Burton is an award-winning comedian and writer as well as an ambassador for Rethink Mental Illness. Juliette has a lifelong history of mental health problems. She was diagnosed with OCD, acute anxiety, manic depression, bipolar, anorexia, bulimia, compulsive overeating disorder. She has experienced psychosis and agoraphobia as well as social anxiety disorder. She was an inpatient in mental hospitals/clinics 4 times, and sectioned under the mental health act aged 17. Still in therapy, Juliette now blogs for Time to Change, MindFull, ReThink Mental Illness and Mind and has worked with the facial disfigurement charity Changing Faces and body dysmorphic disorder charity B.O.D.Y. Who is it for: While every event in the programme is open to all staff, students and visitors, this event really is for everyone! The launch of each Diversity Festival is a great opportunity for all members of the University to come together, hear about a really important topic and enjoy a great speaker. What you will gain from attending: Juliette talks confidently on the subject of mental health, using her experiences and strength to offer hope to staff, students and visitors at the 	To book, click <u>here</u> This event is filling up fast – book soon to avoid disappointment
			University of Chester to launch the 2019 Diversity Festival.	
Monday 4 th March	1.30pm – 2.30pm	Binks 011 (Parkgate Road)	Diversity Festival 2019 Launch part 2: #DontFilterFeelings with Laura Halligan <i>About the event:</i> Hollyoaks' #DontFilterFeelings was the continuing drama's online campaign to promote mental health awareness and education using Snapchat, Instagram Stories, Facebook Messenger and Facebook Live. Working closely with charities MIND, Samaritans and Beat, the #DontFilterFeelings hashtag was a play on the frequent use of filters across social media to mask how someone is really feeling. Hollyoaks Archivist Laura Halligan will talk about the campaign, and the importance of the Hollyoaks audience seeing	To book, click <u>here</u>







		CET-IN-DOLL	Learn Imagine discov	
			themselves reflected on TV and how the campaign helped to exemplify this, as well as explaining the other mental health and diversity stories Hollyoaks have also covered.	
			Who is it for: While every event in the programme is open to all staff, students and visitors,	
			this event really is for everyone! The launch of each Diversity Festival is a great opportunity	
			for all members of the University to come together, hear about a really important topic and enjoy a great speaker.	
			What you will gain from attending: An understanding of how social media campaigns can	
			promote mental health awareness and education for young people.	
Monday 4 th	9.30am-	Molloy 102	Exploring Inclusivity in HE series: What is inclusivity?	You can attend this
March	11.30am	(Parkgate Road)	About the event: Inclusivity in Higher Education (HE) is not a simple concept, theoretically	workshop as a one off event by booking via <u>this link</u>
			or practically, and so this session is planned as an introductory session to explore this	
			concept as part of a series on Exploring Inclusivity in HE.	Or by going to: Portal >
			<i>Who is it for:</i> It is aimed at academics and support staff working in Higher Education who	Support Departments >
			are interested in discussing what inclusivity means.	Learning and Teaching
				Institute > Academic
			What you will gain from attending: Participants will be introduced to some key papers and	Development for staff >
			history on the theory and practice of inclusivity; and involved in facilitated group discussion	Activities and Resources to
			and debate from theoretical, practical and philosophical viewpoints, with the opportunity	Support Teaching > Staff Workshop Programme
			to use these to reflect on their current practice.	workshop riogramme
				Or if you wish you may
				attend the whole series
				delivered by Dr Shelly Kemp,
				a Senior Academic
				Development Adviser, for
				academic credit by enrolling
				on the HE7205 MA module,
				"Exploring Inclusivity in HE".
				Please email the lti@chester.ac.uk
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Institute of Gender Studies



Monday 4 th	10.00am-	Tucker 202	Dementia Friends	To book, click <u>here</u>
March	11.00am	(Warrington)	About the event: Currently the University of Chester are working toward becoming a	
			Dementia Friendly University. You can become a Dementia Friend at this session. Delivered	
			by Dean McShane, Lecturer in Mental Health, who has a clinical background in Mental	
			Health Nursing and is based at the Warrington campus.	
			Who is it for: Staff students and visitors. During this friendly 1-hour interactive session, you	
			will increase your understanding of dementia, and think about the small things that you can	
			do to make a difference to people affected by dementia in your community.	
			What you will gain from attending: You will learn the 5 key messages of dementia and learn	
			how you can help to reduce the stigma.	
Monday 4 th	12noon –	Warrington	Dignity and Respect Adviser Drop in	No need to book, just drop
March	2.00pm	Dining Room	About the event: The University has a number of trained Dignity and Respect Advisers who	in!
		(Warrington)	are able to provide advice to staff who may be concerned about bullying or harassment.	
			Who is it for: All staff.	
			What you will gain from attending: Pop along and chat to some of our Dignity and Respect	
			Advisers who can tell you more about the University's Dignity and Respect Policy, the	
			mediation service and how they can help anyone who is concerned about any dignity and respect issues.	
Monday 4 th	1.00pm –	Kingsway	Dignity and Respect Adviser Drop in	No need to book, just drop
March	2.00pm	Reception	About the event: The University has a number of trained Dignity and Respect Advisers who	in!
		(Kingsway)	are able to provide advice to staff who may be concerned about bullying or harassment.	
			Who is it for: All staff.	
			What you will gain from attending: Pop along and chat to some of our Dignity and Respect	
			Advisers who can tell you more about the University's Dignity and Respect Policy, the	







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			mediation service and how they can help anyone who is concerned about any dignity and respect issues.	
Monday 4 th March	2.00pm- 4.00pm	Westminster 219/1 (Parkgate Road)	 Exploring Inclusivity in HE series (2): Why we should look at diversity beyond disability About the event: The access, participation and attainment gaps between disabled and non- disabled students is obviously an important (and legal) issue for HE providers to address. However, many institutions (including Chester) have support teams in place to specifically support these students with evidence of success, yet there are groups of students who also perform lower on various measures in HE who may need other approaches to address these negative trends. Therefore, this session is an introductory session to explore inclusivity issues beyond disabled students. Who is it for: Aimed at academics and support staff working in Higher Education who are interested in exploring and discussing inclusivity issues beyond our requirements to support disabled students. What you will gain from attending: Participants will be introduced to the data highlighting differences between groups of students and will explore why these differences exist through group activities and discussion. 	You can attend this workshop as a one off event by booking via this link Or by going to: Portal > Support Departments > Learning and Teaching Institute > Academic Development for staff > Activities and Resources to Support Teaching > Staff Workshop Programme Or if you wish you may attend the whole series delivered by Dr Shelly Kemp, a Senior Academic Development Adviser, for academic credit by enrolling on the HE7205 MA module, "Exploring Inclusivity in HE". Please email the Iti@chester.ac.uk
Monday 4 th March	1.00pm – 2.00pm	Tucker 102 (Warrington)	Dementia Friends <i>About the event:</i> Currently the University of Chester are working toward becoming a Dementia Friendly University. You can become a Dementia Friend at this session. Delivered by Dean McShane, Lecturer in Mental Health, who has a clinical background in Mental Health Nursing and is based at the Warrington campus.	To book, click <u>here</u>





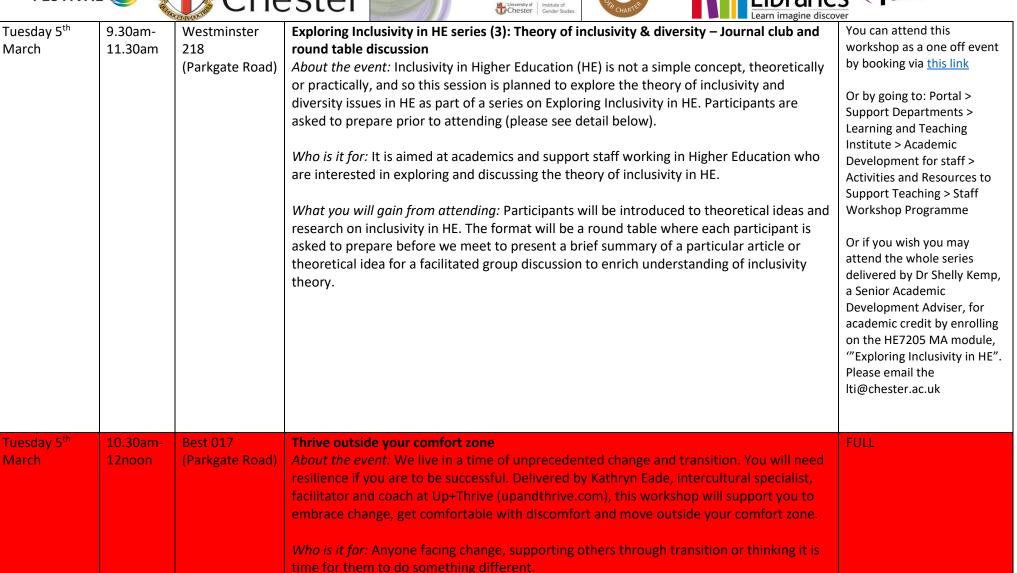


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			 Who is it for: Staff students and visitors. During this friendly 1-hour interactive session, you will increase your understanding of dementia, and think about the small things that you can do to make a difference to people affected by dementia in your community. What you will gain from attending: You will learn the 5 key messages of dementia and learn 	
			how you can help to reduce the stigma.	
Tuesday 5 th March	9.30am – 10.30am	Martin 127 (Warrington)	Supporting Carers in the Workplace – a workshop for Managers <i>About the event:</i> Fran Pymer, Service Lead for the Carers Trust Cheshire and Warrington and Liz Chapman, CIE Project Co-ordinator, The Bren Project will deliver this essential workshop for all managers.	To book, click <u>here</u> .
			Who is it for: All managers. Regardless of whether you have any staff who are carers within your department at the moment, it is essential to know how to support staff whose circumstances may change, or even those who are carrying out a caring role that you may not know about.	
			What you will gain from attending: The session will cover how to support carers, carers' disclosure and rights, overcoming any stigmas around carers in the workplace and carer isolation.	
Tuesday 5 th March	10.30am- 11.30am	Martin 127 (Warrington)	Supporting Carers in the Workplace – a workshop for staff About the event: Fran Pymer, Service Lead for the Carers Trust Cheshire and Warrington and Liz Chapman, CIE Project Co-ordinator, The Bren Project will deliver this essential workshop open to all staff.	To book, click <u>here</u>
			Who is it for: All staff – those who may undertake a caring role now or in the future and those who want to support colleagues.	
			What you will gain from attending: The session will cover the support carers need, how to support colleagues who are carers, rights around disclosure of carer status, carer isolation as well as how any stigmas or perceived stigma around caring roles can be overcome.	











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			What you will gain from attending: An understanding of what happens when we step out of our comfort zone, how to get comfortable with feeling uncomfortable, and a set of well-tested strategies you can use to help you make the most of change.	
Tuesday 5 th March	12.30pm- 1.30pm	Riverside 148 (Riverside)	Maternal Mental Health About the event: Delivered by Laura Duncan, Lecturer in Practice Learning and Registered Mental Health Nurse, this session covers everything you need to know about maternal mental health.	To book click <u>here</u>
			<i>Who is it for:</i> This session is a must for anyone who may have experienced maternal mental health issues, or who has loved ones who may have experienced maternal mental health issues.	
			What you will gain from attending: The event is suitable for anyone who would like to know how to support someone during pregnancy and the post-natal period and anyone who is curious to understand more about this issue.	
Tuesday 5 th March	2.00pm – 3.00pm	Westminster 126/1 (Parkgate Road)	Making Professor Series: Professor Ros Bramwell About the event: In this session, Prof Ros Bramwell will reflect on the journey she made to become a Professor, Head of Department and Associate Dean – plus what it's like when you get there. Reflections will draw on feminist approaches as well as a bit of psychology.	To book click <u>here</u>
			Who is it for: Anyone who aspires to be a Professor is welcome to come along and benefit from Prof Bramwell's expertise.	
			What you will gain from attending: Ros will try to address the sort of questions she is often asked by colleagues earlier in their career – as well as the questions she isn't asked and thinks she ought to be! She will also reflect on the changing nature of HE and what this might mean for aspiring academics who wish to become the HE leaders of the future.	
Tuesday 5 th March	2.00pm – 3.00pm	Binks 106/1 (Parkgate Road)	When to Refer About the event: Following the launch of the Student Futures' When to Refer guide this session will explore some of these chapters in more detail with the aim of raising	To book click <u>here</u>







		CET-IN-DOCL	Learn imagine disco	vei
			confidence in making appropriate referrals. Scenarios explored will include responding to mental health crises, reports of sexual misconduct and understanding the principles of Safeguarding.	
			Who is it for: Anyone who comes into contact with students at any level – academic staff, administrators, domestic services staff, hospitality staff and who may be a key member of staff for spotting issues and supporting students.	
			What you will gain from attending: Improved knowledge of the when to refer guide and processes and increased confidence in making appropriate referrals.	
Wednesday 6th March	9.30am – 12.30pm	Kingsway – location to be confirmed	Photography Exhibition and drop in session <i>About the event:</i> This event showcases the work of service users of Irish Community Care Merseyside (ICCM) who have worked with photographer Jonah Frank to create an exhibition showcasing the lives of Irish Traveller communities in the 70s and the present day.	No need to book, just drop in!
			Irish Community Care Merseyside (ICCM) was set up in the 1960s by Irish people in Liverpool who were concerned about the welfare of other Irish people arriving into the city with no support mechanisms, little or no information about services, and no family support.	
			In the 1980s ICCM had relatively little income and focused primarily on supporting older Irish people in the community. Today ICCM is a registered charity managed independently by a voluntary management committee. ICCM has a team of 16 paid members of staff and over 40 volunteers, supporting over 1000 people each year.	
			The work of ICCM focuses on supporting members of both the Irish and Irish Traveller communities who are vulnerable through age, poor health, isolation, low income, poor accommodation, homelessness, drug and alcohol misuse, social exclusion, racism and discrimination.	







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			Come along and view the photography exhibition, speak to members of staff from ICCM and speak to the service users who were part of the photography project.	
			and speak to the service users who were part of the photography project.	
			Who is it for: Anyone with an interest in photography, anyone who would like to find out	
			more about the work of ICCM or anyone wanting to find out more about Irish and Irish	
			Traveller communities.	
			What you will gain from attending: Diversity is often highlighted as celebrating difference	
			but this event celebrates the things we do have in common with people in communities	
			that we consider very different to our own. A great opportunity to chat informally with	
			ICCM staff and service users and an opportunity to view a great exhibition.	
Wednesday 6 th	10.00am-	Churchill 139	Let your talent do the talking	To book click <u>here</u>
March	11.00am	(Queen's Park)	About the event: As TA Director, Ashley Hever oversees Talent Acquisition for all UK and	
			Ireland operations. After graduating from The University of Hull in Criminology, he joined Enterprise Rent-A-Car as a management trainee in 2001. He has over 17 years of	
			experience with the company and has held a variety of roles in operations, management	
			and human resources.	
			Enterprise Rent-A-Car is a top employer of graduates in the UK and recruits from over 100	
			universities nationwide. The company has been nationally recognised for work done on	
			university campuses in the area of employability and social mobility. The company has	
			received the Social Mobility Award from TargetJobs in 2015 and 2016 and the Graduate	
			Employer of the Year in 2016. As a result, Enterprise promotes 99% from within this	
			graduate pool and has been noted for work in development of talent. In 2017, the	
			company was a top 10 Employer for Social Mobility Employer Index in the UK.	
			Enterprise has been recognised by The Times as a Top 50 Employer for Women each year	
			since the award's inception in 2005.	
			Ashley sponsors and chairs the Enterprise LGBT+ network Enterpride. Ashley is regularly	
			asked to speak on various graduate and diversity related topics. Last year, he spoke at the	
			LinkedIn talent connect conference.	



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Institute of Gender Studies



			Ashley is originally from Leicester and has been a season ticket holder at Leicester City for over 30 years, and today, he lives outside London, in Surrey with his partner Adam, and their dog. He was a member of the AGR advisory council and chair of the Kingston University employability board. <i>Who is it for:</i> Aimed at students or anyone who is considering a career change. <i>What you will gain from attending:</i> As the first in his family to go to University, Ashley will share his story from graduate to being the first LGBT+ Director at Enterprise. He will also add some of his own hints and tips in the interview process.	
Wednesday 6 th	12.30pm-	SGH 219	Using technology to reach your study goals	To book click <u>here</u>
March	1.30pm	(Shrewsbury)	 About the event: A session to investigate new ways of using common software as well as looking at other apps that are freely available to students to support your study and reach your goals. The class will interactive and delivered by Peter Scorey, LIS Officer for Assistive Technologies. Who is it for: Students and staff who support students in their learning What you will gain from attending: An increased knowledge of supportive software and apps 	
Wednesday 6 th	12.30pm-	Binks 010	Dignity and Respect Adviser Drop in	No need to book, just turn
March	1.30pm	(Parkgate Road)	About the event: The University has a number of trained Dignity and Respect Advisers who are able to provide advice to staff who may be concerned about bullying or harassment. Who is it for: All staff.	up!
			What you will gain from attending: Pop along and chat to some of our Dignity and Respect Advisers who can tell you more about the University's Dignity and Respect Policy, the mediation service and how they can help anyone who is concerned about any dignity and respect issues.	



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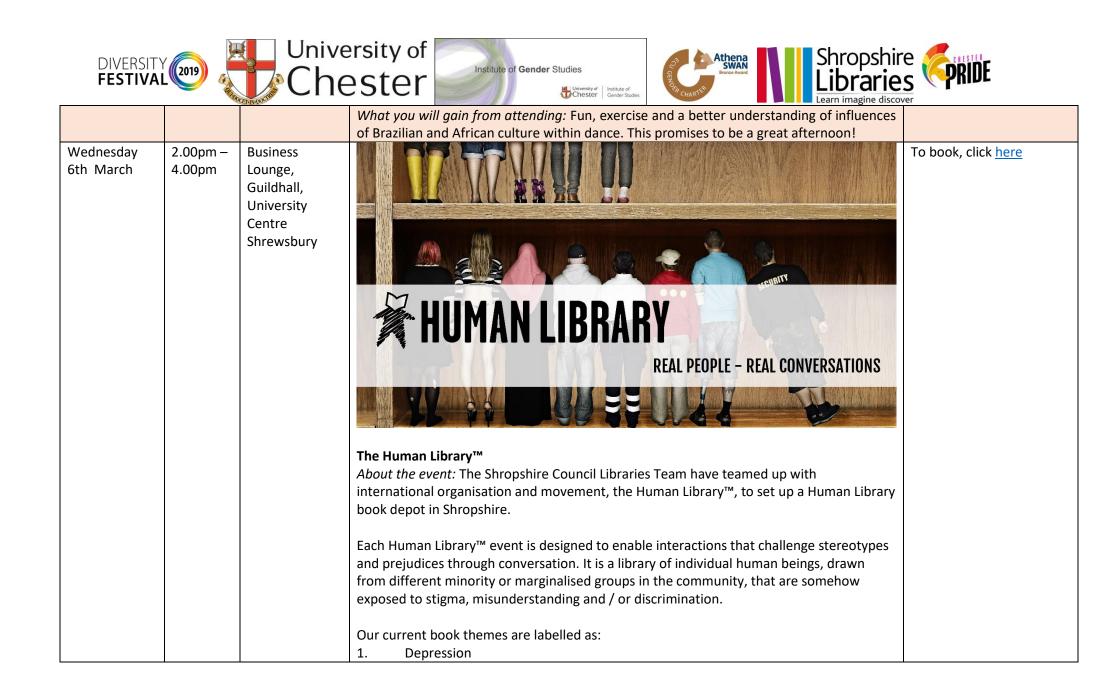
		CET-IN-DOCL	Learn imagine disco	
Wednesday 6th March	2.00pm – 3.00pm	Binks 010 (Parkgate Road)	Why do we need Pride? LGBT+ Life, and Being a Better Ally About the event: A talk that explores what LGBT+ means, what discrimination and challenges that LGBT+ people still face, why we still need events like Chester Pride, and tips on how to be a better LGBT+ ally by embedding inclusivity into your work and daily life Who is it for: All staff, students and visitors.	To book, click <u>here</u>
			What you will gain from attending: A better understanding of the discrimination and challenges that LGBT+ people still face and tips on how to be a better LGBT+ ally by embedding inclusivity into your work and daily life.	
Wednesday 6th March	3.00pm – 4.00pm	Binks 010 (Parkgate Road)	Diversity in SportAbout the event: Andrew Foxall from Chester Centurions RUFC, and Shezz Jordan from Cheshire Hellcats Roller Derby will tell you more about their organisations and how they promote inclusivity within their own teams as well as the wider LGBT+ sports scene.Who is it for: All staff, students and visitors.What you will gain from attending: A better understanding work of Chester Centurions and Cheshire Hellcats.	To book, click <u>here</u>
Wednesday 6 th March	1.00pm- 3.00pm	Churchill 014 (Queen's Park)	The menopause at work About the event: Norma Goldman BPharm. MRPharmS. MSc. is the Founder and Director of independent company The Menopause Exchange and a qualified health promotion specialist. Norma helps women understand how best to handle the physical and emotional effects of the menopause and the effects of menopausal symptoms on work. This event will include general information on the menopause and menopausal symptoms; HRT-types, forms, benefits and risks, decision-making; alternatives to HRT- prescribed medicine alternatives to HRT, complementary medicines and therapies; health promotion including nutrition, physical activity and self-help lifestyle measures	To book click <u>here</u>







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			The talks are suitable for women at or approaching the menopause, those who have had a premature menopause (before the age of 40)/hysterectomy or those interested in midlife and post-menopausal health. <i>Who is it for:</i> This event is open to female staff at the University of Chester only. <i>What you will gain from attending:</i> Healthy benefits for attendees include impartial, reliable and up-to-date information on all aspects of the menopause; listening to other women's experiences because the talks enable the attendees to be interactive if they wish; the ability to make informed decisions about coping with the menopause and time for questions. The workshop with Norma will last one hour and there will be a further hour for attendees to stay and network if they wish.	
Wednesday 6th March	1:30-4:00	Kingsway 007 (Kingsway)	 Global Grooves Carnival Workshop About the event: Global Grooves deliver inspiring Carnival activity nationwide. Their mission is to unite and empower individuals and communities through opportunities to experience and create inspirational art: in particular diverse music, dance, visual arts, and Carnival. As part of the Festival, we are excited to welcome Carnival Grooves' Adriana who will deliver an exciting and energetic dance workshop covering a range of carnival dance. This workshop incorporates storytelling through movement, making reference to the influences of Brazilian and African culture within dance. Each workshop is open to a max of 30 attendees so booking is essential – 1.30-2.30 – African Dance Workshop 3.00pm – 4.00pm Brazilian Dance workshop Who is it for: Open to everyone, wear suitable clothes (something you are comfortable to moves in, exercise clothing is ideal) and bring a drink of water. 	To book for the 1.30-2.30 – African Dance Workshop click <u>here</u> To book for the 3.00pm – 4.00pm Brazilian Dance workshop click <u>here</u> These events are filling up fast – book soon to avoid disappointment







 CELINDS*	
2. Living w	ith Dementia
3. Gay	
4. Gay Dad	
5. Living w	ith Asperger's
6. Grief	
7. Persona	lity Disorder
8. Visually	Impaired
9. Hair Los	S
Who is it for: Op	en to all
What you will g	ain from attending: Through two-way dialogues, lasting 25 minutes,
, ,	public as 'readers' encounter and engage with the real-world life-stories
	nd the obstacles or judgements they have encountered and overcome.
	ve, beyond a read-aloud autobiography, is that reader and book can ask
	tions and fine tune each 'reading' to the enquiry of the individual reader,
	chapter of the book's life. It is a safe space to learn about other lives and
	que human being behind the generalised book title label.
By challenging p	rejudices that often leads to stigma and discrimination, Human Library
,	respect for difference and diversity in the community. In addition, they
	Il interaction among the varied books who are also discovering each
	id titles. The creation of these storytelling opportunities grows the
	communication skills of the books themselves and gives agency back to
	have been overlooked or judged because of their personal characteristics
or circumstance	
For more info al	bout the Human Library follow the link to http://humanlibrary.org/ and
	his fascinating event to find out more.



Wednesday	1.30pm –	Backford	International Women's Day celebration: What Science Got Wrong About Women with	Contact Angela Lupton
6th March	2.30pm	building	acclaimed science writer Angela Saini	a.lupton@chester.ac.uk
		TBA016	About the event: Angela Saini is an award-winning science journalist and broadcaster. She	
		(Thornton)	regularly presents science programmes for the BBC, and her writing has appeared in New	
			Scientist, the Guardian, The Times, and Wired. Her latest book, Inferior: How Science Got	
			Women Wrong, was published by Fourth Estate in 2017 to widespread critical acclaim,	
			and was named the Physics World Book of the Year. Angela has a Masters in Engineering	
			from the University of Oxford and was a Fellow at the Massachusetts Institute of	
			Technology. Her journalism has received accolades from both the American Association	
			for the Advancement of Science and the Association of British Science Writers.	
			Who is it for: Aimed at schools, colleges, members of the public, as well as University staff	
			and students.	
			What you will gain from attending: Finding that we are still living with the legacy of an	
			establishment that is just beginning to recover from centuries of entrenched exclusion	
			and prejudice. Angela will show how ground-breaking research is finally uncovering a	
			fascinating new portrait of women's brains, bodies, and role in human evolution.	
Wednesday 6 th	2.00pm –	Sutton 115	When to Refer	To book click <u>here</u>
March	3.00pm	(Thornton)	About the event: Following the launch of the Student Futures' When to Refer guide this	
			session will explore some of these chapters in more detail with the aim of raising	
			confidence in making appropriate referrals. Scenarios explored will include responding to	
			mental health crises, reports of sexual misconduct and understanding the principles of	
			Safeguarding.	
			Who is it for: Anyone who comes into contact with students at any level – academic staff,	
			administrators, domestic services staff, hospitality staff and who may be a key member of	
			staff for spotting issues and supporting students.	
			What you will gain from attending: Improved knowledge of the when to refer guide and	
			processes and increased confidence in making appropriate referrals.	



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Wednesday 6 th	2.00pm –	Westminster	Network of Networks Afternoon Tea	To book click <u>here</u>
March	3.30pm	019	About the event: The University has five staff network groups: A disabled Staff Group; A	
		(Parkgate Road)	Parents' Network; A Women's Network; A LGBT+ Staff Group and a Carer's Network.	
			Who is it for: All University staff are invited to this event where you can have afternoon	
			tea, network with other staff and hear more about the work of each network group. You	
			don't have to be part of a staff network to come along – all staff are welcome!	
			What you will gain from attending: This is a great opportunity to find out more about	
			what each network does, the benefits of joining and how you can get involved. You'll	
			have the opportunity to network with other staff who you may not usually come into	
			contact with and have some delicious scones!	
Wednesday 6 th	2.00pm –	Riverside 150	Examining the cultural dissonance experienced by young Gypsy/Traveller women in	To book click <u>here</u>
March	4.00pm	(Riverside)	secondary education with Dr Paula Hamilton (Senior Fellow, HEA), Senior Lecturer,	
			Faculty of Education and Children's Services	
			About the event: The increased urbanisation of Gypsies/Travellers is resulting in more	
			young women becoming aware of the quest for gender equality and the widening	
			opportunities afforded through secondary education. While some young women, as is	
			their right, fight to maintain their cultural heritage, there are others who are challenging	
			longstanding views, values and customs held by their community.	
			There is an urgent need to problematize stereotypes held about Gypsy/Traveller girls. Not	
			all young women feel disengaged and restricted, some are making informed choices to	
			reject secondary education in order to establish themselves within their own community.	
			Equally, it is paramount that practitioners and policy makers consider the repercussions	
			associated with the press to keep Gypsy/ Traveller women in education. Unless there are	
			high status and fair employment opportunities available within mainstream society, then	
			some young women risk intra-cultural conflict and becoming socially isolated from both	
			societies due to the decision to remain in secondary education.	







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			Who is it for: Open to staff, students and visitors but may be of particular interest to education students and policy makers and practitioners.	
			What you will gain from attending: The workshop, based on fieldwork gathered by a Traveller Education Services manager, explores the experiences and dilemmas encountered by young Gypsy/ Traveller women who are engaging with secondary education.	
Wednesday 6 th	3.00pm –	Binks	Are you suffering withImposter Syndrome?	FULL
March	5.00pm	CBK013/1&/2 (Parkgate Road)	About the event: Impostor syndrome (also known as impostor phenomenon, impostorism, fraud syndrome or the impostor experience) is a psychological pattern in which an individual doubts their accomplishments and has a persistent internalised fear of being exposed as a "fraud". This interactive session, delivered by Nicola Lasikiewicz, Senior Lecturer in Psychology and Kathryn Leighton, HR Manager – Diversity will investigate the concept of Imposter Syndrome.	
			 Who is it for: Anyone who feels they may be suffering from Imposter Syndrome! Even if you are not sure what it is, come along to find out more. What you will gain from attending: We will consider what it is, how it can hold you back, invite you to share experiences and consider how you can replace unhelpful thoughts and beliefs with new strategies, tools and an action plan for future success. 	
Thursday 7 th March	10.00am - 11.00am	Sutton 011 (Thornton)	Using technology to reach your study goals About the event: A session to investigate new ways of using common software as well as looking at other apps that are freely available to students to support your study and reach your goals. The class will interactive and delivered by Peter Scorey, LIS Officer for Assistive Technologies.	To book click <u>here</u>
			Who is it for: Students and staff who support students in their learning	
			What you will gain from attending: An increased knowledge of supportive software and apps	



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Thursday 7 th	12noon-	Riverside Foyer	Dignity and Respect Adviser Drop in	No need to book, just turn
March	1.00pm	(Riverside)	About the event: The University has a number of trained Dignity and Respect Advisers who are able to provide advice to staff who may be concerned about bullying or harassment.	up!
			Who is it for: All staff.	
			What you will gain from attending: Pop along and chat to some of our Dignity and Respect Advisers who can tell you more about the University's Dignity and Respect Policy, the mediation service and how they can help anyone who is concerned about any dignity and respect issues.	
Thursday 7 th March	12noon – 1.00pm	Hollybank 009 (Parkgate Road)	Making Professor Series: From professional practice to professor About the event: Does the role of Professor seems like an untenable goal for you? This very honest session focusses on how you can realistically aspire to the role without giving up everything else. Join Professor Chantal Davies from the department of Law in conversation with Dr Dawn Llewellyn and hear her story, "warts and all".	To book click <u>here</u>
			Who is it for: This session is particularly aimed at women coming in to academia from the professions, particularly those from working class backgrounds and those with children as this reflects Prof Davies' own experiences. However, anyone who aspires to be a Professor is welcome to come along and benefit from her expertise.	
			What you will gain from attending: Prof Davies is here for an informal conversation together with a question and answer session and a chance to find out more about her career pathway, highlights and obstacles. This is a great chance for some informal mentoring with a senior member of the University and an experienced legal practitioner and Professor.	
Thursday 7 th March	1.30pm – 3.00pm	Westminster 018 (Parkgate Road)	Andrew Edwards: Life with autism – overcoming barriers and stereotypes <i>About the event:</i> At the age of four, Andrew was diagnosed with autism. "Go home and watch Rain Man," the specialist told his mother, "In all probability your son will be institutionalised." Determined to prove the specialist wrong, Andrew's mother set out to give her son the best life possible.	To book click <u>here</u>







			Raised in a single parent household and encountering bureaucracy, bullying, and a lack of understanding from many around him, Andrew emerged from a turbulent childhood to win a Welsh National Young Volunteer Award, give speeches on his condition, and secure his dream job as a statistician at Manchester United Television. <i>Who is it for:</i> All staff, students and visitors. It may be of particular interest to those is student facing roles at all levels, including hospitality and residential services, Porters, Caretakers and maintenance staff as well as administrators and academics – anyone in a customer facing role. It may also be of interest to any students in education, health and social care, social work, policing, counselling, criminology, sociology, psychology, etc. <i>What you will gain from attending:</i> His story will be an inspiration to many so come along to find out more and to buy a copy of Andrew's book <i>I've got a Stat for You,</i> a powerful and inspirational tale that shows how determination, a positive outlook, and the will to succeed can overcome all odds!	
Thursday 7th March	2.00pm – 3.00pm	Chritchley 014 (Parkgate Road)	The Mental Health Challenges for Boys and Men About the event: While mental health is everyone's business, boys' and men's self-view of	To book, click <u>here</u>
			mental health is often shaped and informed by the influence of masculine role socialisation. This can have consequences throughout life, and particularly at times of	
			personal difficulty, where self-care or support seeking becomes associated with shame.	
			The cost of this on boys' and men's mental health can be significant.	
			Who is it for: This session, which will explore these issues in more detail as well as raising	
			challenges to current mental health provision, will be of relevance to anyone interested in	
			psychological wellbeing, gender, risk and mental health practice.	
			What you will gain from attending: An opportunity to learn about, and discuss, boys' and men's mental health as well as an opportunity to consider ways in which self-care strategies can be developed, as well as ways in which mental health services can better meet their needs.	



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Thursday 7 th	2.00pm –	Martin 101	When to Refer	To book click here
March	3.00pm	(Committee	About the event: Following the launch of the Student Futures' When to Refer guide this	
		room,	session will explore some of these chapters in more detail with the aim of raising	
		Warrington)	confidence in making appropriate referrals. Scenarios explored will include responding to	
			mental health crises, reports of sexual misconduct and understanding the principles of	
			Safeguarding.	
			Who is it for: Anyone who comes into contact with students at any level – academic staff,	
			administrators, domestic services staff, hospitality staff and who may be a key member of	
			staff for spotting issues and supporting students.	
			What you will gain from attending: Improved knowledge of the when to refer guide and	
			processes and increased confidence in making appropriate referrals.	
Thursday 7 th	2.00pm –	Hollybank 002	Where are women in science: sharing learning and good practice	To book click <u>here.</u>
March	5.00pm	(Parkgate Road)	About the event: In this event, which is being run by the Department of Biological	
			Sciences, we will explore where women are in science: which disciplines, their roles, and	
			science focus. Learning from historical perspectives and current initiatives we aim to	
			develop future plans to promote equality and diversity.	
			The session will include:	
			• A talk by Prof. Cynthia Burek, Chair of Geoconservation at the University of	
			Chester. A geologist and geoconservationist of international renown, and	
			long-time promoter of women in science, Cynthia will discuss her work,	
			including the awareness raising initiatives she has been involved in and	
			reflections on their success.	
			A discussion workshop with Dr. Lottie Hosie, Senior Lecturer in Biological	
			Sciences with expertise in female mate choice, particularly in amphibians!	
l			Lottie also has long been interested in the research focus of women in	







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			science. Do women carry out science differently? Are some research questions more frequently addressed by female scientists? Do female scientists more frequently act as mentors? This workshop will include a discussion of how this analysis can be used to better support both women and men in science.	
			• Insights into promoting equality and diversity in the scientific community from an external speaker (details to be released at a later date).	
			The outputs of this event will be practical solutions for promoting diversity and equality. The event will be live tweeted to allow a wider discussion.	
			Who is it for: All welcome! Open to all staff and students. We are keen to ensure that our gender-focussed events are of interest to people of all genders, therefore we encourage those who book a place to encourage a colleague, friend or family member to book and attend the event too!	
			What you will gain from attending: This afternoon is a celebration of the achievements of women in science and a discussion of how women have historically fitted within science career frameworks, and identification of gaps that should be addressed in the future.	
Thursday 7 th March	2.00pm- 4.00pm	Beswick CBE001/2&1 (Parkgate Road)	Exploring Inclusivity in HE series (4): Practicalities of inclusivity & diversity – problem solving workshop About the event:	You can attend this workshop as a one off event by booking via <u>this link</u>
			Inclusivity in Higher Education (HE) is not a simple concept, theoretically or practically, and so this session is planned to explore the practice of inclusivity and diversity issues in HE as part of a series on Exploring Inclusivity in HE.	Or by going to: Portal > Support Departments > Learning and Teaching
			<i>Who is it for:</i> It is aimed at academics and support staff working in Higher Education who are interested in exploring and discussing the practice of inclusivity in HE.	Institute > Academic Development for staff > Activities and Resources to



University of Institute of Gender Studies



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			What you will gain from attending: Participants will be facilitated to explore and question best practice in HE to promote equality of opportunity for learners in and beyond the classroom, teaching, curriculum and assessment. Participants will consider how theory is put into practice.	Support Teaching > Staff Workshop Programme Or if you wish you may attend the whole series delivered by Dr Shelly Kemp, a Senior Academic Development Adviser, for academic credit by enrolling on the HE7205 MA module, "Exploring Inclusivity in HE". Please email the Iti@chester.ac.uk
Thursday 7 th March	3.00pm – 5.00pm	Bridge 110 (Queen's Park)	The Changing Face of HomelessnessAbout the event:Robert Bissett CEO of CATH (Chester Aid for the Homeless) will bepresenting an alternative perspective on homelessness - The Changing Face ofHomelessness. In the UK there are estimated to be over 320,000 people who are classifiedas homeless, of which 25,000 are thought to be sleeping on the streets. CATH aids thosein need in the local Chester and Cheshire communities but there are ways in which we cansupport the charity. The session will aim to provide an understanding of the issues andhow we can make small yet powerful contributions to combating homelessness.Who is it for: Any students, staff or visitors.What you will gain from attending: Improved knowledge and understanding ofhomelessness in the UK and Chester and how we can make a difference and have apositive impact in our community.	To book, click <u>here</u>
Friday 8 th	10.50am-	Churchill 009	The Institute of Gender Studies and Diversity Festival present International Women's	For more information and
March	3.30pm	(Queen's Park)	Day 2019 celebrations: Everyday Feminism vs Everyday Sexism <i>About the event:</i> The Institute of Gender Studies and Diversity Festival are delighted to present our International Women's Day 2019 celebrations in an exciting event: Everyday Feminism vs Everyday Sexism.	a programme for the day, click <u>here</u> . To book, click <u>here</u> .



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Institute of Gender Studies





			This event, delivered by inspirational women from the University and the Chester region, is open to all to celebrate everyday feminism – what it is, who it's for, and why it's still needed.	This event is filling up fast – book soon to avoid disappointment
			The day is rounded off with a panel discussion during which the audience are invited to share their thoughts in anticipation of the 12th March talk by internationally renowned feminist Laura Bates, author of the bestselling books Everyday Sexism and Girl Up.	
			Who is it for: All staff, students and visitors. We are keen to ensure that our International Women's Day events are of interest to people of all genders, therefore we encourage those who book a place to encourage a colleague, friend or family member to book and attend the event too!	
			What you will gain from attending: An inspirational day, spending time with interesting people and learning more about feminism, domestic abuse, 'consumer womanhood' and equality for bodies.	
Friday 8 th	9.30am-	Westminster	Exploring Inclusivity in HE Series (5): Case Studies of Inclusive Practice	You can attend this
March	11.30am	124/2	About the event: There are instances where institutions have tried to address equality of	workshop as a one off event
		(Parkgate Road)	opportunity for learners with regard to varying characteristics and so this session is	by booking via <u>this link</u>
			planned to present some of these cases to participants in a facilitated group discussion. This session is planned to explore the practice of inclusivity and diversity issues in HE as part of a series on Exploring Inclusivity in HE.	Or by going to: Portal > Support Departments > Learning and Teaching
			<i>Who is it for:</i> It is aimed at academics and support staff working in Higher Education who are interested in exploring and discussing inclusive practice in HE.	Institute > Academic Development for staff > Activities and Resources to Support Teaching > Staff
			What you will gain from attending: Participants will be introduced to some case study	Workshop Programme
			examples of embedding inclusivity to inform a group discussion and critique of the methods and effectiveness of these. Participants will evaluate the applicability and generalisability of such methods for different contexts.	Or if you wish you may attend the whole series delivered by Dr Shelly Kemp,



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 Instant the problem of the session is planned to explore the practice of inclusivity and diversity issues in HE as part of a series on Exploring Inclusivity in HE. Who is it for: It is aimed at academics and support staff working in Higher Education who are interested in exploring and discussing inclusive practice beyond the classroom in HE. What you will gain from attending: Participants will consider the inclusivity of the HE environment and how potential biases may affect students. Participants will explore the impact of changes to promote equality in HE. Or by going to: Porta Support Department institute > Academic and Support Staff working in Higher Education who are interested in exploring and discussing inclusive practice beyond the classroom in HE. What you will gain from attending: Participants will consider the inclusivity of the HE environment and how potential biases may affect students. Participants will explore the impact of changes to promote equality in HE. Or if you wish you m attend the whole ser delivered by Dr Shell a Senior Academic Development Advise academic credit by e on the HE7205 MA n 					a Senior Academic Development Adviser, for academic credit by enrolling on the HE7205 MA module, "Exploring Inclusivity in HE". Please email the Iti@chester.ac.uk
Minder Integration Integration	Friday 8 th	2.00pm-	Binks CBK010	Exploring Inclusivity in HE Series (6): Exploring inclusivity in the whole HE environment.	You can attend this
Monday 11 th 10.00am Lance Dobson Unconscious Bias – the next steps Unconscious Bias – the next steps Unconscious Bias – the next steps To book, Click here	March	4.00pm	(Parkgate Road)	About the event: Inclusivity in Higher Education (HE) does not just affect teaching and so	workshop as a one off event
in HE as part of a series on Exploring Inclusivity in HE. Or by going to: Porta Who is it for: It is aimed at academics and support staff working in Higher Education who are interested in exploring and discussing inclusive practice beyond the classroom in HE. Or by going to: Porta Who is it for: It is aimed at academics and support staff working in Higher Education who are interested in exploring and discussing inclusive practice beyond the classroom in HE. Or by going to: Porta What you will gain from attending: Participants will consider the inclusivity of the HE environment and how potential biases may affect students. Participants will explore the impact of changes to promote equality in HE. Or if you wish you m attend the whole ser delivered by Dr Shell a Senior Academic Development Advise academic credit by e on the HE7205 MA n "Exploring Inclusivit Please email the Iti@chester.ac.uk Monday 11 th 10.00am Lance Dobson Unconscious Bias – the next steps To book, click here				this session exists to explore the issues of diversity, equality and inclusivity beyond the	by booking via <u>this link</u>
Monday 11 th 10.00am Lance Dobson Unconscious Bias – the next steps Monday 11 th 10.00am Lance Dobson Unconscious Bias – the next steps To book, click here					Or by going to: Portal > Support Departments >
Monday 11 th 10.00am Lance Dobson Unconscious Bias – the next steps Montat you will gain from attending: Participants will consider the inclusivity of the HE environment and how potential biases may affect students. Participants will explore the impact of changes to promote equality in HE. Support Teaching > S Workshop Programm Or if you wish you ma attend the whole ser delivered by Dr Shell a cademic credit by e on the HE7205 MA n "Exploring Inclusivity Please email the ti@chester.ac.uk Or if you wish you ma attend the whole ser delivered by Dr Shell a cademic credit by e on the HE7205 MA n "Exploring Inclusivity Please email the ti@chester.ac.uk					Institute > Academic Development for staff >
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Image: Monday 11 th 10.00am Lance Dobson Unconscious Bias – the next steps Iti@chester.ac.uk					"Exploring Inclusivity in HE".
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	Monday 11 th	10.00am	Lance Dobson	Inconscious Bias - the next stens	_
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(Warrington) happens outside of our control. It is a bias that happens automatically and is triggered by		5.00pm			
our brain making quick judgments and assessments of people and situations, influenced			(warnigcon)		







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			by our background, cultural environment and personal experiences (ECU: 2013 Unconscious bias in higher education). Recognising that we all have these biases is the first step, but what next?	
			With a keynote address from Dr Gurnam Singh, Principal Lecturer in Social Work, Coventry University and Visiting Professor of Social Work at the University of Chester 'Disrupting Othering: From Unconscious Bias to unconscious non-bias.', as well as workshops, debates and discussion, this interactive day aims to give students, academics from all disciplines, those with an interest in equality and diversity and anyone who wants to reflect on their own biases an opportunity to consider the journey from Unconscious Bias to unconscious non-bias and all the steps in between.	
			Who is it for: Students and academics from all disciplines, those with an interest in equality and diversity and anyone who wants to reflect on their own biases	
			<i>What you will gain from attending:</i> An opportunity to consider the journey from Unconscious Bias to unconscious non-bias and all the steps in between.	
Monday 11 th March	9.50am – 10.50am	Best 017 (Parkgate Road)	Rethink Rebuild <i>About the event:</i> Dr Haytham Alhamwi is Managing Director of Rethink Rebuild Society, a Manchester-based charity that works towards improving the lives of refugees, asylum seekers, and immigrants, in particular but not exclusively Syrians in the UK, helping them become positively established within the British society.	To book click <u>here</u>
			Who is it for: This event is part of a Social and Political Studies Developing Multicultural Competence module but is open to any other interested staff, students and visitors to attend. If you don't know anything about refugees, asylum seekers, and immigrants then this is a session for you.	
			What you will gain from attending: Dr Alhamwi will talk about (amongst other things) the challenges refugees face, the prejudice and issues as well as some of the mental health problems that can arise.	



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Monday 11 th	9.30am-	Molloy 102	Exploring Inclusivity in HE Series (7): Research methods for evaluating and assessing	You can attend this
March	11.30am	(Parkgate Road)	inclusive practice.	workshop as a one off event
			About the event: In order to evaluate the effectiveness of methods used to promote	by booking via <u>this link</u>
			equality of opportunities for learners in HE, an understanding of the measures and a critical evaluation of the research methods used to assess impact is required. This session is planned to explore the research methods used to investigate inclusivity and diversity issues in HE as part of a series on Exploring Inclusivity in HE.	Or by going to: Portal > Support Departments > Learning and Teaching Institute > Academic Development for staff >
			Who is it for: It is aimed at academics and support staff working in Higher Education who	Activities and Resources to
			are interested in exploring research methods used to investigate inclusivity in HE.	Support Teaching > Staff Workshop Programme
			What you will gain from attending: Participants will be facilitated to critically evaluate the research methods used in inclusivity research. Participants will be asked to read a paper to prepare for the session and to present the methods used in the research in a round table setting for group discussion. Participants will leave with ideas of how to evaluate their own teaching practice.	Or if you wish you may attend the whole series delivered by Dr Shelly Kemp, a Senior Academic Development Adviser, for academic credit by enrolling on the HE7205 MA module, "Exploring Inclusivity in HE". Please email the Iti@chester.ac.uk
Monday 11 th	10.00am -	Riverside	Dementia Friends	To book click <u>here</u>
March	11.00am	CRV301 (Riverside)	About the event: Currently the University of Chester are working toward becoming a Dementia Friendly University. You can become a Dementia Friend at this session. Delivered by Dean McShane, Lecturer in Mental Health, who has a clinical background in Mental Health Nursing and is based at the Warrington campus.	
			<i>Who is it for:</i> Staff students and visitors. During this friendly 1-hour interactive session, you will increase your understanding of dementia, and think about the small things that you can do to make a difference to people affected by dementia in your community.	







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			What you will gain from attending: You will learn the 5 key messages of dementia and	
			learn how you can help to reduce the stigma.	
Monday 11th	11.00am	Chritchley	Decolonising the Curriculum	To book, click <u>here</u>
March	– 1.00pm	004/1 & /2	About the event: Melz Owusu is known for setting Leeds University campus alight with a	
		(Parkgate Road)	parody of Stormzy's 'Shut Up' in a bid to become the union's Education Officer. Three	
			years later, the south east Londoner has begun a PhD, has a Masters in Social and Political	
			Thought and lead a nationwide race equality campaign called 'Why is my curriculum white?'	
			Melz uses rap as part of a campaign to decolonise the Higher Education, performing at academic conferences and even a university council meeting.	
			Melz argues that HE is steeped in colonial Eurocentric beliefs and an all-encompassing	
			Eurocentric epistemology which disadvantages students from ethnic minority and working class backgrounds. Melz will explore how HE values and devalues different forms of	
			knowledge and questions who really benefits from the ways in which knowledge is	
			structured in higher education. In addition, in this lecture Melz will focus on campaigning	
			and getting key messages across to the right people in new and innovative ways.	
			Who is it for: Anyone with an interest in rap, grime, politics, curriculum issues, outreach	
			and making a difference will love this innovative speaker and unique Festival event.	
			What you will gain from attending: A different perspective on the curriculum from a	
			strong, innovative speaker.	
Monday 11 th	1.00pm –	Binks 106/2	Dementia Friends	To book click <u>here</u>
March	2.00pm	(Parkgate Road)	About the event: Currently the University of Chester are working toward becoming a	
			Dementia Friendly University. You can become a Dementia Friend at this session.	
			Delivered by Dean McShane, Lecturer in Mental Health, who has a clinical background in	
			Mental Health Nursing and is based at the Warrington campus.	







Monday 11th March 2.00pm - 4.00pm	Binks CBK010 (Parkgate Road)	 Who is it for: Staff students and visitors. During this friendly 1-hour interactive session, you will increase your understanding of dementia, and think about the small things that you can do to make a difference to people affected by dementia in your community. What you will gain from attending: You will learn the 5 key messages of dementia and learn how you can help to reduce the stigma. Exploring Inclusivity in HE Series (8): Integrating theory and practice – The Chester Context 	You can attend this workshop as a one off event by booking via <u>this link</u>
		About the event: Good practice takes place at the University of Chester which helps to promote equality of opportunity for learners that is grounded in theoretical principles. The aim of this session is to consider the benefits and barriers to integrating theory into practice, particularly at Chester given its unique context. This session is planned to explore inclusivity and diversity issues in HE as part of a series on Exploring Inclusivity in HE. <i>Who is it for:</i> It is aimed at academics and support staff working in Higher Education who are interested in understanding how theory and practice of inclusivity integrate. <i>What you will gain from attending:</i> Participants will make connections between theory and good practice and then consider where the areas of focus need to be to improve outcomes and participation for Chester students. Participants will also consider the barriers to the application of inclusive theory.	Or by going to: Portal > Support Departments > Learning and Teaching Institute > Academic Development for staff > Activities and Resources to Support Teaching > Staff Workshop Programme Or if you wish you may attend the whole series delivered by Dr Shelly Kemp, a Senior Academic Development Adviser, for academic credit by enrolling on the HE7205 MA module, "Exploring Inclusivity in HE". Please email the Iti@chester.ac.uk
Tuesday 12th9.30am –March10.30am	Westminster 218 (Parkgate Road)	Supporting Carers in the Workplace – a workshop for Managers	To book click <u>here</u>







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			About the event: Fran Pymer, Service Lead for the Carers Trust Cheshire and Warrington and Liz Chapman, CIE Project Co-ordinator, The Bren Project will deliver this essential workshop for all managers.	
			Who is it for: All managers. Regardless of whether you have any staff who are carers within your department at the moment, it is essential to know how to support staff whose circumstances may change, or even those who are carrying out a caring role that you may not know about.	
			What you will gain from attending: The session will cover how to support carers, carers' disclosure and rights, overcoming any stigmas around carers in the workplace and carer isolation.	
Tuesday 12th	10.30am-	Hollybank 009	Collaboration in Action: Using the Sustainable Development (SDGs) Framework as a	To book, click <u>here</u>
March	11.30am	(Parkgate Road)	vehicle By Dr Eghosa Ekhator, Law School	
			About the event: Eghosa is a lecturer at the Law School. Dr Eghosa's main research areas	
			lies in environmental justice/rights in developing countries - Nigeria and African Union in	
			particular. He recently organised a workshop (in collaboration with the University of	
			Benin, Nigeria) on implementing the SDGs framework in Nigeria in December 2018.	
			Who is it for: This event is suitable for anyone who researches into Africa or African	
			related issues and interested in establishing links with different universities in Africa.	
			What will gain from attending: Eghosa will discuss the challenges and possible barriers	
			militating against research visits to Nigeria. He will also highlight possible ways to avoid	
			the limitations. Eghosa will highlight various collaborative opportunities in Nigeria.	
Tuesday 12 th	10.30am-	Westminster	Supporting Carers in the Workplace – a workshop for staff	To book click <u>here</u>
March	11.30am	218	About the event: Fran Pymer, Service Lead for the Carers Trust Cheshire and Warrington	
		(Parkgate Road)	and Liz Chapman, CIE Project Co-ordinator, The Bren Project will deliver this essential workshop open to all staff.	







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			<i>Who is it for:</i> All staff – those who may undertake a caring role now or in the future and those who want to support colleagues.	
			What you will gain from attending: The session will cover the support carers need, how to support colleagues who are carers, rights around disclosure of carer status, carer isolation as well as how any stigmas or perceived stigma around caring roles can be overcome.	
Tuesday 12 th March	12-2	Westminster 017 (Parkgate Road)	International Women's Day Celebration: A Diversity Festival and Institute of GenderStudies Keynote Event: Everyday Sexism – Laura BatesAbout the event: Laura Bates, pioneering feminist, activist and bestselling author, hasgiven voice to hundreds of thousands of women through her international EverydaySexism Project. Drawing attention to both hidden and blatant sexist acts and attitudes,Laura has exposed the startling truth behind misogyny in our society: systemic, ingrainedand ignored.From Weinstein to Westminster, a torrent of allegations of sexual harassment and assaulthas left us reeling. Over a hundred years since some women in Britain first won the rightto vote, we are still struggling to get to grips with the true extent of gender inequality thatcontinues to flourish in our society.Who is it for: All staff, students and visitors. We are keen to ensure that our InternationalWomen's Day events are of interest to people of all genders, therefore we encouragethose who book a place to encourage a colleague, friend or family member to book andattend the event too!What you will gain from attending: In conversation with Director of the University ofChester Institute of Gender Studies and author of Vagina: a Literary and Cultural History,Professor Emma Rees, we welcome Laura to the Diversity Festival to talk about the sexismthat exists in our relationships, our workplaces, our media, in our homes and on ourstreets, but which is also firmly rooted in our lifelong assumptions and in the actions andattitudes we explain away, defend and accept.	FULL



Churchill 104 (Queen's Park)	Making Professor Series: Authoring your professorship: inspirations from MikhailBakhtinAbout the event: This workshop, delivered by Professor Tony Wall, shares a professor'stale of becoming a professor. In particular, it pinpoints insights from a Russianphilosopher, literary critic, semiotician and scholar which were instrumental in mobilisinghis aspirations and actions. The session is also a humble homage to those people whogave their unwavering support en route; it was these people, for this professor, whounknowingly made it feel possible.Who is it for: Those who aspire to the role of ProfessorWhat you will gain from attending: A chance to hear about a professor's tale of becoming a professor	To book click <u>here</u>
	 About the event: This workshop, delivered by Professor Tony Wall, shares a professor's tale of becoming a professor. In particular, it pinpoints insights from a Russian philosopher, literary critic, semiotician and scholar which were instrumental in mobilising his aspirations and actions. The session is also a humble homage to those people who gave their unwavering support en route; it was these people, for this professor, who unknowingly made it feel possible. Who is it for: Those who aspire to the role of Professor What you will gain from attending: A chance to hear about a professor's tale of becoming 	
Churchill 10.1	 tale of becoming a professor. In particular, it pinpoints insights from a Russian philosopher, literary critic, semiotician and scholar which were instrumental in mobilising his aspirations and actions. The session is also a humble homage to those people who gave their unwavering support en route; it was these people, for this professor, who unknowingly made it feel possible. Who is it for: Those who aspire to the role of Professor What you will gain from attending: A chance to hear about a professor's tale of becoming 	
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Churchill 10.1	 his aspirations and actions. The session is also a humble homage to those people who gave their unwavering support en route; it was these people, for this professor, who unknowingly made it feel possible. Who is it for: Those who aspire to the role of Professor What you will gain from attending: A chance to hear about a professor's tale of becoming 	
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Churchill 101		
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Churchill 104	Making Professor Series: Being and Becoming a National Teaching Fellow	To book click <u>here</u>
(Queen's Park)	About the event: This workshop shares stories of how two National Teaching Fellows at	
	the University, Prof Tony Wall and Peg Murphy, achieved their accolade.	
	Who is it for: Those who aspire to National Teaching Fellow.	
	What you will gain from attending: In particular, it focuses on tips and tricks for planning	
	and developing a National Teaching Fellowship portfolio over the medium to longer term	
	whilst balancing the daily demands of life and work.	
Churchill 105	Breaking the Silence – Behind closed doors	Applications to attend this
(Queen's Park)	Breaking the Silence UK was founded in 2013 to ensure that no woman ever feels	programme are required –
	hopeless or helpless due to being a victim of domestic violence.	please email
		equality@chester.ac.uk to
	Breaking the Silence UK are an advisory, support and training organisation supporting	express your interest and
	women who are/or have been victims of Domestic Violence and Abuse (DV/DA), Human	request further
	Trafficking (HT) and/or Forced Marriage (FM). Since 2013, the organisation has supported	information.
	over 1,200 individuals to oversome the impact and shame of their experiences	
		whilst balancing the daily demands of life and work.Churchill 105 (Queen's Park)Breaking the Silence – Behind closed doors Breaking the Silence UK was founded in 2013 to ensure that no woman ever feels hopeless or helpless due to being a victim of domestic violence.Breaking the Silence UK are an advisory, support and training organisation supporting







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			Festival 2018 speaker, Raj Holness (CEO and Founder, Breaking the Silence UK) was a victim of domestic and sexual violence for twenty years, at the hands of her family and expartners. She is now a multi-award winning Motivational Speaker and Author.	
			 Who is it for: The Behind Closed Doors programme has been designed for public sector organisations, local authorities and larger corporations that employ a large number of employees to equip professional organisations with the tools to recognise: What constitutes DV, FM or HT. How to identify potential victims that maybe employees within your organisation. How to address and sensitively manage cases if and when they arise. 	
			Delegates will have an opportunity to learn through an interactive tool that incorporates applied learning skills development and critical thinking activities. This training will enable delegates to develop the tools needed to appropriately identify and respond to sensitive situations should they arise in the work place, with the focus of safety and security.	
			What you will gain from attending: By the end of the training session, delegates should be able to:	
			 Understand the definition of the topics of DV, FM or HT. Identify signs of these types of abuse. Reflect and express their feelings in regards to the themes. 	
			 Identify what is acceptable and unacceptable behaviour in a relationship. Recognise and reflect on their individual values in regards to relationships. Create an action plan designed to help respond effectively to members of staff or public who may need support in this area. 	
Wednesday 13th March	9.30am – 10.30am	Binks 106/2 (Parkgate Road)	Getting Your Story Out There <i>About the event:</i> "Awareness raising" has become a bit of a cliché in the news sphere, but it's a cold, hard fact that public debates, visibility and understanding have a huge role in achieving localised and broad social change. Social media and press access is part of that.	To book click <u>here</u>



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			Who is it for: Anyone who needs to promote their events and causes.	
			What you will gain from attending: This hour-long seminar, with a former regional	
			journalist and features writer Rhian Waller, will help you utilise your own story to	
			promote a greater cause. Bring a notebook and pen!	
Wednesday	10.00am	Churchill 139	Positive Action AT Work?	To book, click <u>here</u>
13 th March	– 4.00pm	(Queen's Park)	About the event: Challenging the narrative that there are "men's jobs" and "women's	
			jobs", join Professor Chantal Davies and Young Women's Trust for the <i>Positive Action at</i>	
			Work? conference. This day full of talks, workshops and sector responses will dive into	
			the use of Positive Action measures to increase the number of women in male-dominated	
			sectors.	
			Who is it for? This event is relevant for industry leaders, policy makers, employers and	
			sector bodies who wish to create a more diverse and gender-balanced workplace.	
			What you will gain from attending: Following the launch of Equality at work: Positive	
			Action in gender segregated apprenticeships in 2018, this event seeks to discuss the	
			research findings and impact of this on business and explore implications for employees, employers and sector bodies.	
Wednesday	11.00am	Binks 106/2	Male Suicide: A Public Health Crisis	To book, click <u>here</u>
13 th March	– 12noon	(Parkgate Road)	About the event: If four men's bodies were washed up on UK beaches every day there	
			would be a public outcry. However, statistically speaking that is the number of men who	
			die through suicide in the UK every day, yet it is rarely discussed. This talk will uncover	
			the public health crisis that is male suicide, considering some of the factors that	
			contribute to the higher risk for boys and men across the age spectrum, and how services	
			are currently failing their needs.	
			<i>Who is it for:</i> This session is relevant to anyone interested in mental health care and	
			particularly the risk factors for suicide for boys and men. Additionally, those interested in	







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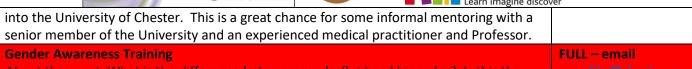




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Wednesday 13 th March	1.00pm- 3.00pm	Churchill 101 (Queen's Park)	Gender Awareness Training About the event: What is the difference between genderfluid and bigender? Is this the same as transgender? What does cisgender mean? How can we ensure the services we provide, the language we use and the resources we produce are inclusive of all genders?	FULL – email equality@chester.ac.uk to go onto the waiting list for this event
			This workshop will be delivered by Tony Griffin, Chair of Navajo Merseyside & Cheshire LGBTI Chartermark, a signifier of good practice, commitment and knowledge of the specific needs, issues and barriers facing lesbian, gay, bisexual, and transgender (LGBT) people in Merseyside.	
			Tony will discuss the different types of gender, enabling participants to better understand the life challenges people of different genders face; engage more effectively with people of all genders; become more aware of the legal obligations with regard to transgender staff, customers or service users and dispel myths and misunderstandings about people of different genders.	
			Who is it for: All staff, students and visitors. This event is perfect for anyone who doesn't know anything about genders that aren't male or female. It may be of particular interest to those in student facing roles at all levels, including hospitality and residential services, Porters, Caretakers and maintenance staff as well as administrators and academics – anyone in a customer facing role. It may also be of interest to any students in education, health and social care, social work, policing, counselling, criminology, sociology, psychology, etc.	
			What you will gain from attending: a better understanding of the life challenges people of different genders face; the ability to engage more effectively with people of all genders; a heightened awareness of the legal obligations with regard to transgender staff, customers or service users and the ability to dispel any myths and misunderstandings about people	



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Madnasday		Diples 012/19/2	Addiction to the Ann Store	
Wednesday 13 th March	3.15pm – 4.30pm	Binks 013/1&/2 (Parkgate Road)	Addiction to the App StoreAbout the event: Come along and hear Samuel's moving and inspiring tale. A story of addiction, from a boy to a man, with love and losses, with devastation and passion. From drugs and alcoholism, prisons and streets to an international social recovery network, built with all the support he could never find.Who is it for: Staff, students and visitors. This session really is for everyone.	To book, click <u>here</u>
			What you will gain from attending: A different perspective – leave feeling motivated and inspired.	
Thursday 14 th March	9.30am- 11.30am	Westminster 124/2 (Parkgate Road)	 Exploring Inclusivity in HE Series (9): Implications for policy and practice and stakeholder groups. About the event: The University of Chester already has policies and practices in place to address equality and diversity, and widening access and participation – many of which are governed by external policies and factors. This session aims to promote awareness of these wider issues and the future factors which may guide and influence inclusive practice in HE. Who is it for: It is aimed at academics and support staff working in Higher Education who are interested in how an inclusive HE is influenced by policies and the changing context, and how stakeholders are affected. What you will gain from attending: Participants will reflect on how practice is influenced by wider policies governing us from beyond the institution. Participants will consider how inclusive theory and practice affects stakeholders, and discuss how the changing HE context may influence policy. 	You can attend this workshop as a one off event by booking via <u>this link</u> Or by going to: Portal > Support Departments > Learning and Teaching Institute > Academic Development for staff > Activities and Resources to Support Teaching > Staff Workshop Programme Or if you wish you may attend the whole series delivered by Dr Shelly Kemp, a Senior Academic Development Adviser, for academic credit by enrolling on the HE7205 MA module, "Exploring Inclusivity in HE". Please email the Iti@chester.ac.uk



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Thursday 14th March	10.00am- 11.00am	Tucker 006 (Warrington)	 Maternal Mental Health About the event: Delivered by Laura Duncan, Lecturer in Practice Learning and Registered Mental Health Nurse, this session covers everything you need to know about maternal mental health. Who is it for: This session is a must for anyone who may have experienced maternal mental health issues, or who has loved ones who may have experienced maternal mental health issues. What you will gain from attending: The event is suitable for anyone who would like to know how to support someone during pregnancy and the post-natal period and anyone who is curious to understand more about this issue.	To book, click <u>here</u>
Thursday 14th March	10.00am – 12noon	Hollybank 008 (Parkgate Road)	 Don't Be a Bystander! Intervention Training About the event: Everyday people with protected characteristics face discrimination and assault. In these situations, we can help by actively intervening and being more than a bystander. Who is it for: Anyone who has been involved in or witnessed a situation and thought "I really wish I had said something there" What you will gain from attending: This training will give you strategies and practical skills that will give you the confidence to intervene and stop discrimination. 	To book, click <u>here</u>
Thursday 14 th March	11.30am- 1.30pm	Westminster 125/2 (Parkgate Road)	The Winner School with Janet Dearden About the event: Having run an English Language homestay company for several years, Janet was surprised to get a call inviting her to advise on a language school project in Sudan. She was even more surprised to learn a few weeks later that the investors had found a building and wanted her to be a Director! What followed was a two-year adventure, coping with the obvious cultural differences of a patriarchal, Sharia state as a woman, and indeed as a woman from another country.	FULL – email equality@chester.ac.uk to go onto the waiting list for this event







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			Over the course of the next two years, she would make waves, and become as much part of the brand as the school itself.	
			The book that accompanies this talk is the story of a family's last project together, but it is also a story of triumph under unique circumstances. It is the story of The Winner School.	
			Who is it for: This event is part of a Social and Political Science Africa and the World module but is open to any other interested staff, students and visitors to attend.	
			What you will gain from attending: This is a great session to learn about cultural differences of a patriarchal, Sharia state; experiences of being female in such a culture, leadership and life. An inspiring tale.	
Thursday 14th	12.30pm	IT on the	Using technology to reach your study goals	To book click here
March				TO DOOK CHER <u>HELE</u>
Warch	– 1.30pm	Bridge,	About the event: A session to investigate new ways of using common software as well as	
		Broomhead	looking at other apps that are freely available to students to support your study and reach	
		Library	your goals. The class will interactive and delivered by Peter Scorey, LIS Officer for	
		(Warrington)	Assistive Technologies.	
			Who is it for: Students and staff who support students in their learning	
			What you will gain from attending: An increased knowledge of supportive software and apps	
Thursday 14 th	12.30pm	Thornton café	Dignity and Respect Adviser Drop in	No need to book, just drop
March	– 1.30pm	(Thornton)	About the event: The University has a number of trained Dignity and Respect Advisers who	in!
	1.500		are able to provide advice to staff who may be concerned about bullying or harassment.	••••
			Who is it for: All staff.	
			What you will gain from attending: Pop along and chat to some of our Dignity and Respect	
			Advisers who can tell you more about the University's Dignity and Respect Policy, the	
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			mediation service and how they can help anyone who is concerned about any dignity and	
			respect issues.	
Thursday 14 th	2.00pm-	Cloisters 102	Exploring Inclusivity in HE Series (10): Where next for inclusivity in HE?	You can attend this
March	4.00pm	(Parkgate Road)	About the event: Inclusivity in Higher Education (HE) is not a simple concept, theoretically	workshop as a one off event
	-		or practically, and does not exist as an agenda in isolation. This session aims to explore	by booking via <u>this link</u>
			how embedding inclusive teaching practices relates to, or conflicts with, other strategic aims and priorities for Higher Education.	Or by going to: Portal > Support Departments >
			<i>Who is it for:</i> It is aimed at academics and support staff working in Higher Education who are interested in how inclusivity relates to other HE agendas.	Learning and Teaching Institute > Academic Development for staff >
				Activities and Resources to Support Teaching > Staff
			What you will gain from attending: Participants will be involved in group discussion of the priorities for HE and consider how inclusivity relates to other strategic aims.	Workshop Programme
				Or if you wish you may
				attend the whole series
				delivered by Dr Shelly Kemp,
				a Senior Academic
				Development Adviser, for
				academic credit by enrolling
				on the HE7205 MA module,
				"Exploring Inclusivity in HE". Please email the
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